

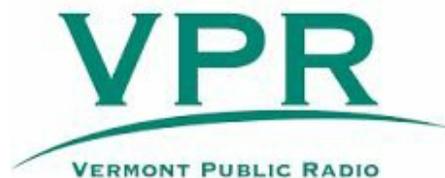


Middlebury SASH Coordinator Michelle Whitney and Wellness Nurse Melissa Stockholm enjoy time with their participants.

SASH News

SASH Gets a Shout-Out on Morning Edition with Bill Mares

Bill Mares, VPR commentator and a former Vermont legislator, recently shined a light on the role SASH plays in keeping people healthy as they age. He noted the success of the program has prompted the U.S. Department of Housing & Urban Development to invest \$15 million to test the SASH model in 40 senior housing developments in seven states.



[Read/Listen Here](#)

International Med Journal Cites Role for SASH in ED Discharges

Annals of Emergency Medicine
An International Journal

A recent editorial in the Annals of Emergency Medicine by UVMHC's Dr. Michael LaMantia praises our very own

SASH program as a way to help older adults who are sent home after an emergency department (ED) visit. The article notes a recent study that found older adults who are discharged to home after an ED visit without support are at greater risk of functional decline, nursing home admission and death within 6 months - and that SASH can change that scenario by extending the reach of the medical system into patients' homes.

The recent rollout of [Patient Ping](#), which provides SASH Coordinators with timely notification about participants' ED admissions and discharges, will help coordinators support these most vulnerable participants-especially important in light of the study the author cites.

[See Full Article](#)

SASH is Live on PatientPing

SASH now joins hospitals, VNAs and other Vermont providers in using the PatientPing portal. PatientPing provides real-time notifications to every person on a SASH participant's care team whenever he or she is admitted to or discharged from a medical facility or system of care. This way we can ensure safe and smooth transitions back home with informed care coordination happening in real time.



As one SASH Coordinator reported, "I logged into PatientPing in the morning and learned that someone on my panel had visited the ER, so I was able to follow up with him right away when he got home!"

[Learn More](#)

SASH to Present at Upcoming Vermont Conferences Focused on Aging and Wellness

Health and aging conference season is upon us, and SASH will be there in force - as presenters, participants and exhibitors. Here's the rundown:



[2017 Gerontology Symposium: Reframing Aging](#)
March 20, Hilton Hotel, Burlington

SASH Coordinator Andrea Bibeau will present "Exercise Your Being: Taking an Integrative Approach to Stay Active," at both 9:30 and 11 a.m., while fellow Coordinator Jenn Schollmeyer will be one of four panelists on "Proactive Advance Care Planning" at 3 p.m. Catch them both!

[Vermont Geriatrics Conference 2017](#)
April 5, Capital Plaza Hotel, Montpelier

This day-long symposium sponsored by the Vermont Area Health Education

Centers will feature Springfield SASH Coordinator Linda Husband on a panel titled "Community Outreach to Improve Care."

2017 Vermont Blueprint for Health Annual Conference: Integrating Health & Human Services

April 11, Sheraton Hotel, South Burlington

Save the date! Speakers will include the director of Health & Social Care Integration in Scotland. More details to come.

Partner Announcements

Suicide Prevention Day at the Vermont State House: Thursday, Feb 16, 1-5 pm

Mental health and suicide-prevention colleagues are raising awareness and support among legislators and other stakeholders to make suicide prevention and mental health promotion a priority throughout Vermont.

[Learn More](#)



Job Opening: Director, First Call for Chittenden County

New position! The Howard Center seeks an experienced supervisor to lead its new integrated crisis program, First Call for Chittenden County, serving youth and adults of all ages. The director is responsible for the leadership, management and supervision of a 24/7 call center, mobile assessment team, response and intervention services, and suicide-prevention initiatives. Please spread the word.

[Learn More](#)



Professional Resources

Top 10 Chronic Conditions in Adults 65+ & What You Can Do About Them

Age, family genetics, and gender make it nearly impossible for older adults to avoid becoming a chronic disease statistic. Eighty percent of adults 65 and older have at least one condition, while 68% have two or more.

[Learn More](#)



Professional Development Training

Statewide Opportunities

Click here for the full calendar of upcoming trainings

- February 18 - Mental Illness & Recovery, Middlebury & Brattleboro
- February 21 - Diabetes Leader Manual Update, Burlington
- February 28 - Care and Feeding of Volunteers, online
- March 6 - Family-to-Family (12 week class), Williston
- March 9 - Family-to-Family (12 week class), Brattleboro
- March 24 - Housing Issues and Resources, Randolph
- March 28 - Family-to-Family (12 week class), St. Johnsbury
- March 30 - Family-to-Family (12 week class), Berlin

SASH Online

SASH Job Opportunities

Check out **current positions available** with SASH organizations around the state on the **SASH website**.

SASH Forum

For **current training information**, as well as current tools and resources visit our **SASH forum**. It is accessed through our website.

SASH Website

For the most **up-to-date contact listing and referral forms** visit our SASH website **[sashvt.org](http://www.sashvt.org)**.



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SUPPORT AND SERVICES at HOME

Keep in touch!

SASH Referrals Statewide Contacts | Admin Team | Website